8.21. Part (2) follows from (1) because S_n is a mean-zero martingale. To prove part (1) we apply Doob's inequality to the submartingale defined by $Z_n := |X_n|^p$, using the fact that $P\{\max_{1 \le i \le n} |X_i| \ge \lambda\}$ is equal to $P\{\max_{1 \leq i \leq n} Z_i \geq \lambda^p\}$.