## Problem 3 Mean Value

Problem provided by Gro Hovhannisyan, Kent State University, Stark Campus
Let

$$
b(x)=(x-a)^{2}, 0 \leq x \leq 1,0 \leq a \leq 1
$$

Denote the mean value of the function $b(x)$ on the interval from $s$ to $t$ by the formula

$$
M(s, t)=\frac{1}{t-s} \int_{s}^{t} b(x) d x, \quad 0 \leq s \leq 1, \quad 0 \leq t \leq 1
$$

Prove that

$$
M(s, t) \geq \frac{b(t)}{4} \text { for all } 0 \leq s \leq 1,0 \leq t \leq 1
$$

