

$$\frac{d}{dx} x^3 = 3x^2$$

$$\int 3x^2 dx = x^3 + C$$

Notes of 3/26/24

Integration by Substitution

- Every differentiation rule comes with an integration rule, just go the other way.
- Integration by substitution is the inverse of the chain rule.

$$\int f(g(x))g'(x)dx = f(g(x)) + C$$

because, by the chain rule,

$$\frac{d}{dx} f(g(x)) = f(g(x))g'(x).$$

- You can carry out the integration either directly, by recognizing the pattern and the antiderivative, or, more elaborately, by using the **substitution**

$$u = g(x), \quad du = \frac{du}{dx}dx = g'(x)dx.$$

- When computing indefinite integrals we need to return to the original variable.
- When computing definite integrals we can do that too, but we don't need to. If we stick with u as the variable we **need to change the limits of integration**.
- Some adjustments, like multiplying with suitable constants may be necessary.

- We'll do some examples now, and more next week during the review.

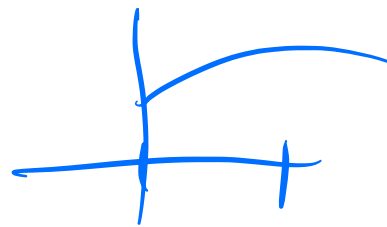
- $I = \int x \sin x^2 dx = -\frac{1}{2} \cos x^2 + C$
CBD ✓

$$u = x^2$$

$$\frac{du}{dx} = 2x$$

$$du = 2x dx$$

$$x dx = \frac{1}{2} du$$



$$I = \frac{1}{2} \int \sin u du = -\frac{1}{2} \cos u + C = -\frac{1}{2} \cos x^2 + C$$



What about $I = \int_0^{\sqrt{\pi}} x \sin x^2 dx =$

$$I = \left[-\frac{1}{2} \cos x^2 \right]_0^{\sqrt{\pi}} = +\frac{1}{2} [1 + 1] = 1$$

$$I = \frac{1}{2} \int_0^{\pi} \sin u du = -\frac{1}{2} \cos u \Big|_0^{\pi} = \frac{1}{2} + \frac{1}{2} = 1$$

$$\int_a^b f(x) dx = [F(x)]_a^b = F(b) - F(a)$$

- Example 11, page 247

- $I = \int_0^{\pi/4} \sin^3 2x \cos 2x dx = \frac{1}{2} \int_0^1 u^3 du = \frac{1}{2} \left[\frac{u^4}{4} \right]_0^1 = \frac{1}{8}$

$$u = \sin 2x$$

$$du = (\cos 2x) \cdot 2 dx$$

$$\cos 2x dx = \frac{1}{2} du$$

$$\int u^3 = \frac{u^4}{4}$$

CBD

$$x = \frac{\pi}{4} \quad u = \sin 2x$$

$$u = \sin \frac{\pi}{2} = 1$$

• Example 12, page 248

$$\bullet I = \int_0^1 \frac{x+1}{(x^2+2x+6)^2} dx = \frac{1}{2} \int_6^9 \frac{1}{u^2} du = -\frac{1}{2} \frac{1}{u} \Big|_6^9$$

$$u = x^2 + 2x + 6$$

$$du = 2(x+1) dx$$

$$(x+1) dx = \frac{1}{2} du$$

$$= -\frac{1}{2} \left(\frac{1}{9} - \frac{1}{6} \right)$$

$$= -\frac{1}{2} \frac{6-9}{54} = \frac{1}{36}$$

$$x=0 \quad u = 6$$

$$x=1 \quad u = 9$$

$$\int \frac{1}{u^2} du = \int u^{-2} du$$

$$= -u^{-1} + C$$

$$\frac{d}{dx} x^p = p x^{p-1}$$

$$\int x^p dx = \frac{x^{p+1}}{p+1} + C$$

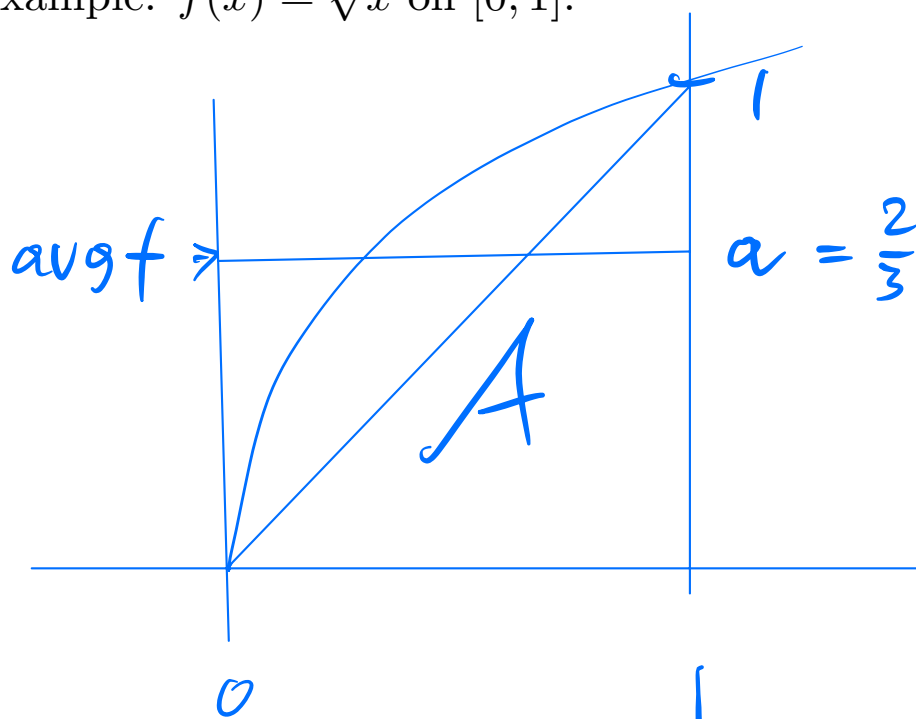
$$-\frac{1}{2} \frac{1}{u} = -\frac{1}{2} \frac{1}{x^2+2x+6} \Big|_0^1$$

$$= -\frac{1}{2} \left(\frac{1}{9} - \frac{1}{6} \right)$$

Average Value of a Function

on an Interval

- Example: $f(x) = \sqrt{x}$ on $[0, 1]$.



$$\begin{aligned} A &= \int_0^1 x^{1/2} dx = a(1-0) \\ &= \frac{2}{3} x^{3/2} \Big|_0^1 = \frac{2}{3} \end{aligned}$$

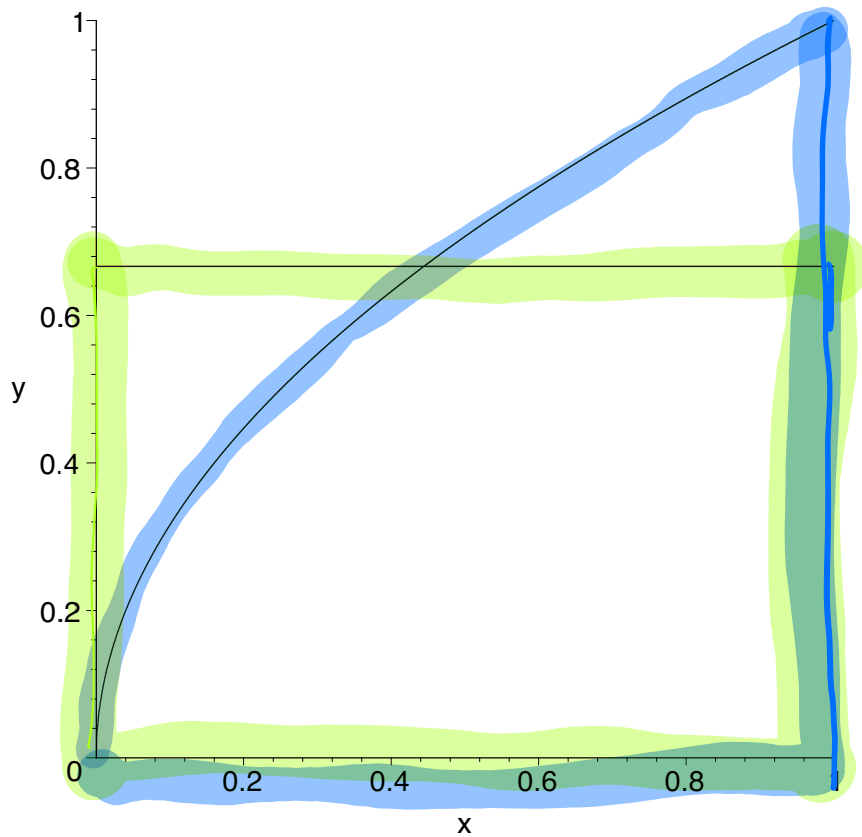


Figure 1. $f(x) = \sqrt{x}$ on $[0, 1]$.

$$\text{avg}\sqrt{x} = \frac{\int_0^1 \sqrt{x} dx}{1 - 0} = \frac{2}{3}$$

- Example: Average Value of $f(x) = \sin x$ on $[0, \pi]$

$$\int_0^{\pi} \sin x dx = -\cos x \Big|_0^{\pi} = 1 + 1 = 2$$

$$\text{avg } f = \frac{2}{\pi}$$

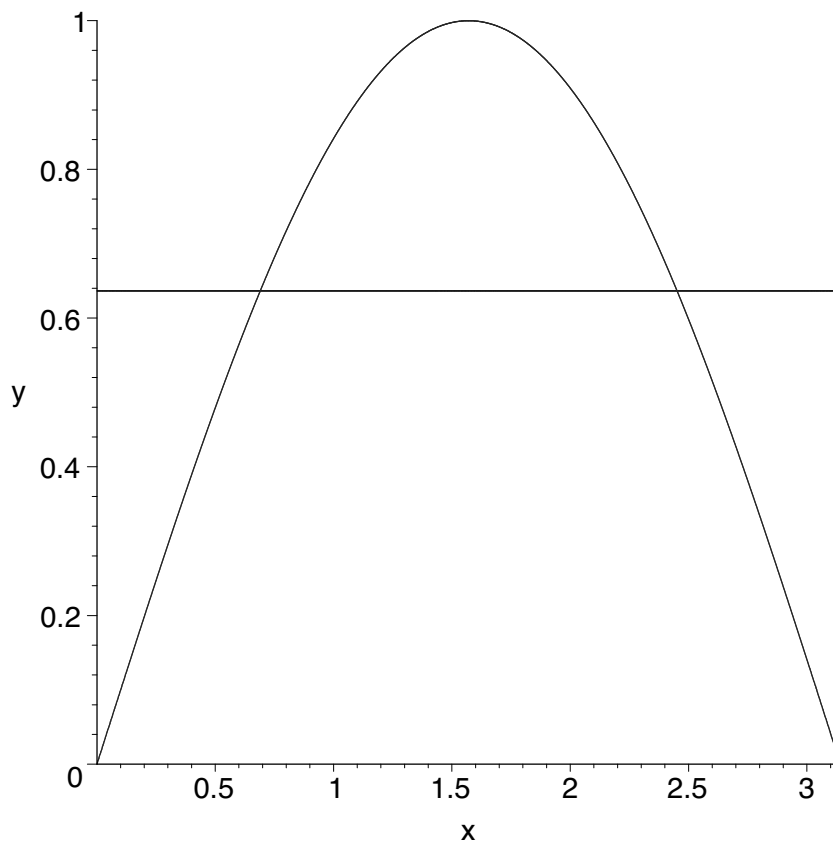


Figure 2. Average Value of $f(x) = \sin x$ on $[0, \pi]$.

$$\mathbf{avg} \sin x = \frac{\int_0^{\pi} \sin x dx}{\pi - 0} = \frac{2}{\pi}$$

- In general the **average of f on $[a, b]$** is defined as

$$\text{avg}f = \frac{\int_a^b f(x)dx}{b - a}$$

- Think of it as a thin sheet of ice of the shape defined by f melting and forming a rectangle.

The Mean Value Theorem for Integrals

- Recall the

Mean Value Theorem for Derivatives:

If f is differentiable on (a, b) and continuous on $[a, b]$ then there exists a c in (a, b) such that

$$f'(c) = \frac{f(b) - f(a)}{b - a}$$

or

$$f'(c)(b - a) = f(b) - f(a).$$

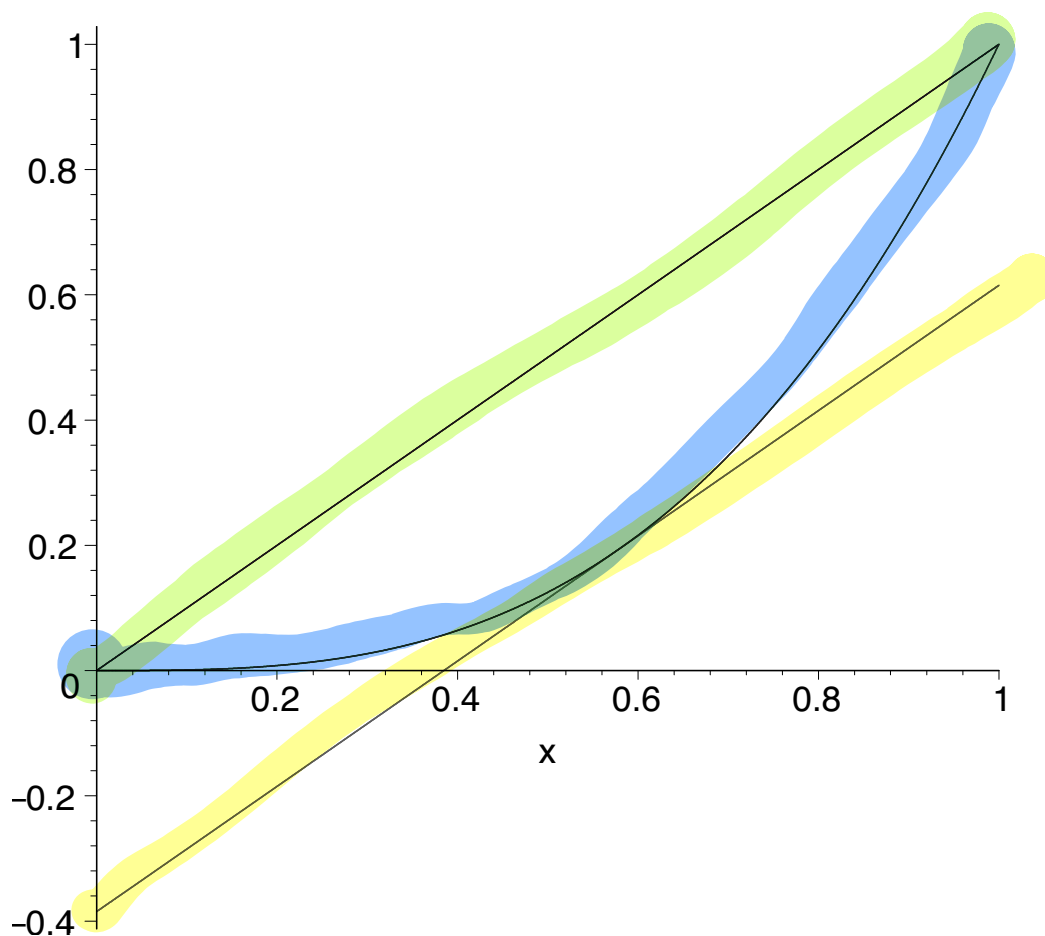


Figure 3. The Mean Value Theorem for Derivatives.

- The MVT for Integrals says that if f is continuous on $[a, b]$ there must be a point c in (a, b) such that f at that point equals the average value.
- That seems geometrically obvious.
- Stated more formally we have:
- Suppose f is continuous on $[a, b]$. Then there exists a number c in (a, b) such that

$$f(c) = \frac{1}{b-a} \int_a^b f(t) dt.$$

- This can be rewritten as

$$F'(c)(b-a) = f(c)(b-a) = \int_a^b f(t) dt = F(b) - F(a)$$

- Note that in particular,

$$f(c)(b-a) = F(b) - F(a)$$

is just the mean value theorem for derivatives applied to the function F .

- Example: Compute c for $f(x) = x^p$ on the interval $[0, 1]$.

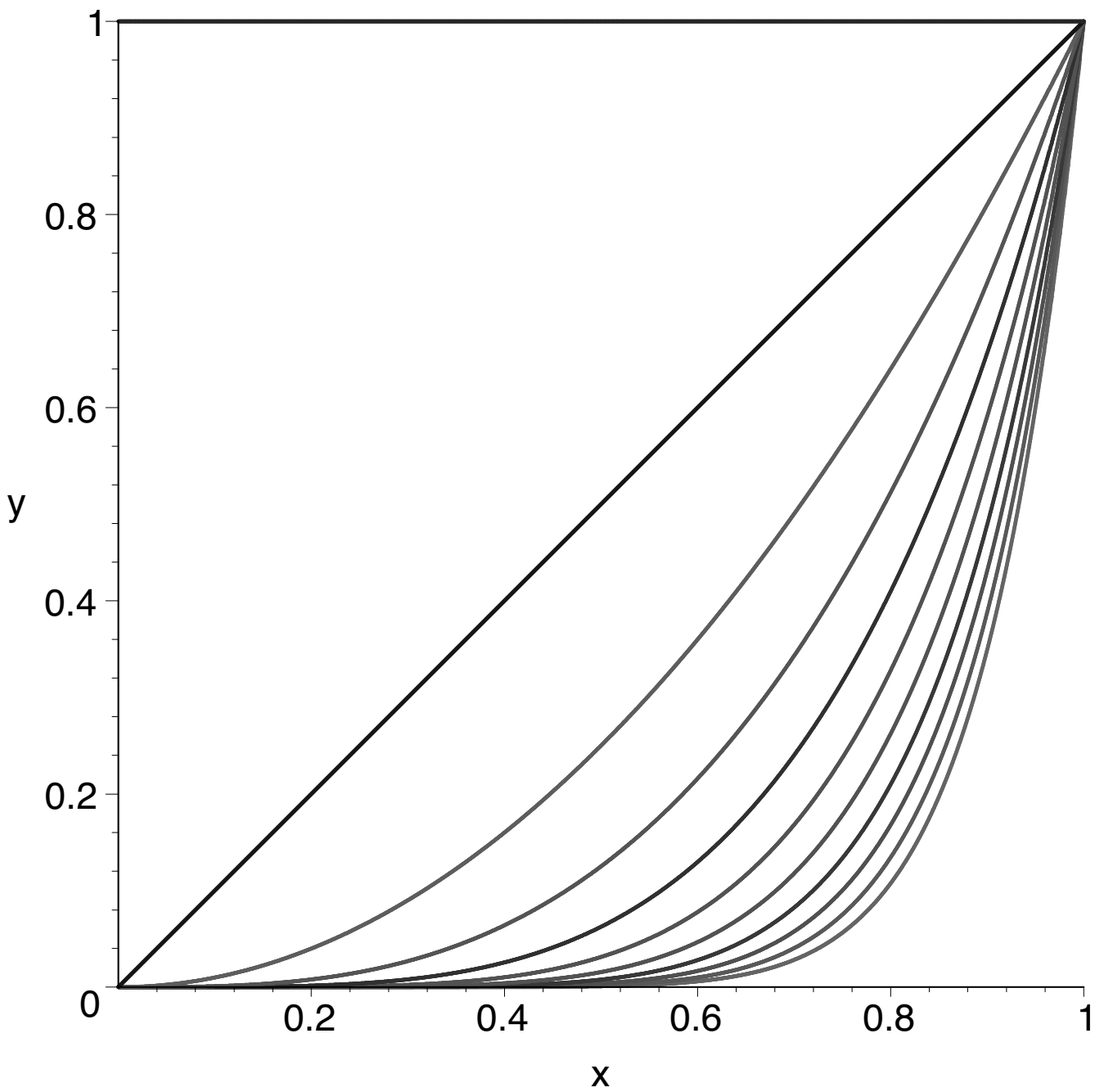


Figure 4. $f(x) = x^p$, $p = 0, \dots, 10$.

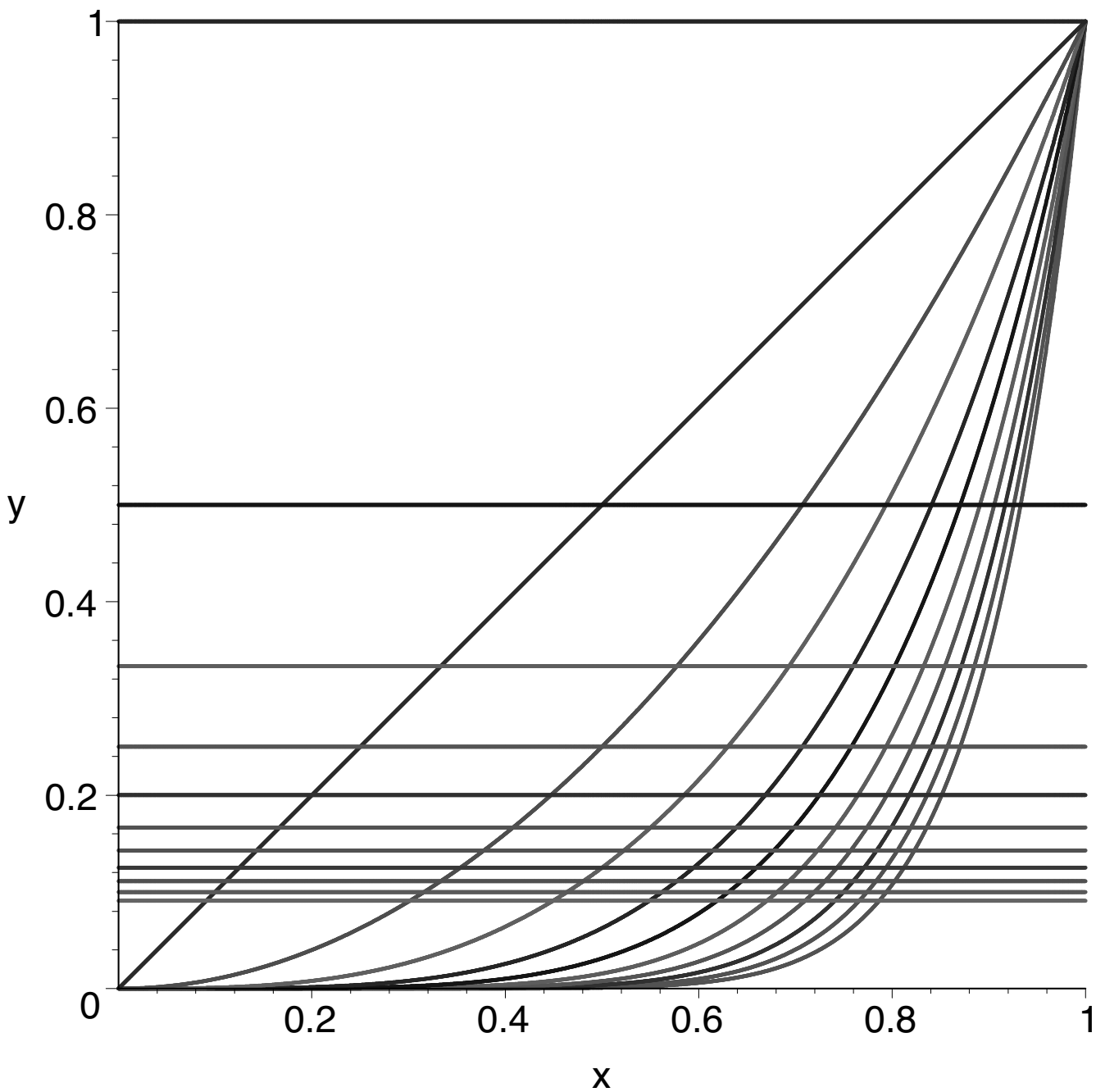


Figure 5. $f(x) = x^p$, $p = 0, \dots, 10$ and average values.