# Self-intersections for the Willmore flow

Uwe F. Mayer and Gieri Simonett

#### Abstract

We prove that the Willmore flow can drive embedded surfaces to self-intersections in finite time.

# 1 Introduction

In this paper we consider the Willmore flow in three space dimensions. We prove that embedded surfaces can be driven to a self-intersection in finite time. This situation is in strict contrast to the behavior of hypersurfaces under the mean curvature flow, where the maximum principle prevents self-intersections, but very much analogous to the surface diffusion flow.

The Willmore flow is a geometric evolution law in which the normal velocity of a moving surface equals the Laplace-Beltrami of the mean curvature plus some lower order terms. More precisely, we assume in the following that  $\Gamma_0$  is a closed compact immersed and orientable surface in  $\mathbb{R}^3$ . Then the Willmore flow is governed by the law

$$V(t) = \Delta_{\Gamma(t)} H_{\Gamma(t)} + 2H_{\Gamma(t)} (H_{\Gamma(t)}^2 - K_{\Gamma(t)}), \qquad \Gamma(0) = \Gamma_0.$$
(1.1)

Here  $\Gamma = {\Gamma(t) ; t \ge 0}$  is a family of smooth immersed orientable surfaces, V(t) denotes the velocity of  $\Gamma$  in the normal direction at time t, while  $\Delta_{\Gamma(t)}$ ,  $H_{\Gamma(t)}$ , and  $K_{\Gamma(t)}$  stand for the Laplace-Beltrami operator, the mean curvature, and the Gauß curvature of  $\Gamma(t)$ , respectively.

The evolution law (1.1) does not depend on the local choice of the orientation. However, if  $\Gamma(t)$  is embedded and encloses a region  $\Omega(t)$  we always choose the outer normal, so that V(t) is positive if  $\Omega(t)$  grows, and so that  $H_{\Gamma(t)}$  is positive if  $\Gamma(t)$ is convex with respect to  $\Omega(t)$ .

Any equilibrium of (1.1), that is, any closed smooth surface that satisfies the equation

$$\Delta H + 2H(H^2 - K) = 0 \tag{1.2}$$

is called a Willmore surface [18, p. 282]. There has been much interest over the last years in characterizing Willmore surfaces, see for instance [15, 18] and the references cited therein. Willmore surfaces arise as the critical points of the functional

$$W(f) := \int_{f(M)} H^2 \, dS,$$
 (1.3)

see [18, Section 7.4]. Here, M denotes a smooth closed orientable surface and  $f: M \to \mathbb{R}^3$  is a smooth immersion of M into  $\mathbb{R}^3$ . Associated with this functional is a variational problem: Given a smooth closed orientable surface  $M_g$  of genus g determine the infimum  $W(M_g)$  of W(f) over all immersions  $f: M_g \to \mathbb{R}^3$  and classify all manifolds  $f(M_g)$  which minimize W. We refer to [4, 8, 14, 15, 17, 18] and the references therein for more details and interesting results.

The Willmore flow is the  $L^2$ -gradient flow for the functional (1.3) on the moving boundary, see for example [7], and also [10] for related work on gradient flows. Thus the Willmore flow has the distinctive property that it evolves surfaces in such a way as to reduce the total quadratic curvature. To be more precise, we show that the flow decreases the total quadratic curvature for any  $C^{2+\beta}$  initial surface  $\Gamma_0$ .

**Proposition 1.** Let  $0 < \beta < 1$  and let  $\Gamma_0$  be a closed compact immersed orientable surface that is  $C^{2+\beta}$ -smooth. Then

$$\int_{\Gamma(t)} H^2(t) \, d\mu \le \int_{\Gamma_0} H^2(0) \, d\mu, \qquad 0 \le t \le T,$$

where [0,T] denotes the interval of existence guaranteed in the existence theorem of [16], and where H(t) denotes the mean curvature of  $\Gamma(t)$ .

To the best of our knowledge, the result of Proposition 1 is new (under the given assumptions).

Next we show that the flow can force  $\Gamma(t)$  to lose embeddedness in order to decrease the total quadratic curvature.

**Theorem 2.** Let  $0 < \beta < 1$  be fixed.

There exist a closed embedded surface  $\Sigma_0 \in C^{2+\beta}$ , a constant  $T_0 > 0$ , numbers  $t_0, t_1 \in (0, T_0]$  with  $t_0 < t_1$ , and a  $C^{2+\beta}$ -neighborhood  $U_0$  of  $\Sigma_0$  such that

- (a) the Willmore flow (1.1) has a unique classical solution  $\Gamma = \{\Gamma(t); t \in [0, T_0]\}$ for all  $\Gamma_0 \in U_0$ ,
- **(b)**  $\Gamma(t)$  ceases to be embedded for every  $t \in (t_0, t_1)$  and every  $\Gamma_0 \in U_0$ .
- (c) each surface  $\Gamma(t)$  is of class  $C^{\infty}$  for  $t \in (0, T_0]$  and smooth in  $t \in (0, T_0)$ .

It should be noted that the neighborhood  $U_0$  of Theorem 2 also contains  $C^{\infty}$ surfaces that will be driven to a self-intersection in finite time. Our approach
relies on results and techniques in [6, 12, 16], and we follow closely the original
argument in [12].

Lastly we mention that numerical simulations [13] seem to indicate that the Willmore flow can drive immersed surfaces to topological changes in finite time.

### 2 The mathematical setting

We first introduce some notations. Given an open set  $U \subset \mathbb{R}^3$ , let  $h^s(U)$  denote the little Hölder spaces of order s > 0, that is, the closure of  $BUC^{\infty}(U)$  in  $BUC^s(U)$ , the latter space being the Banach space of all bounded and uniformly Hölder continuous functions of order s. If  $\Sigma$  is a (sufficiently) smooth submanifold of  $\mathbb{R}^3$ then the spaces  $h^s(\Sigma)$  are defined by means of a smooth atlas for  $\Sigma$ . It is known that  $BUC^t(\Sigma)$  is continuously embedded in  $h^s(\Sigma)$  whenever t > s. In the following, we assume that  $\Sigma$  is a smooth compact closed immersed oriented surface in  $\mathbb{R}^3$ . Let  $\nu$  be the unit normal field on  $\Sigma$  commensurable with the chosen orientation. Then we can find a > 0 and an open covering  $\{U_l; l = 1, \ldots, m\}$  of  $\Sigma$  such that

$$X_l: U_l \times (-a, a) \to \mathbb{R}^3$$
,  $X_l(s, r) := s + r\nu(s)$ ,

is a smooth diffeomorphism onto its image  $\mathcal{R}_l := \operatorname{im}(X_l)$ , that is,

$$X_l \in \text{Diff}^{\infty}(U_l \times (-a, a), \mathcal{R}_l), \qquad 1 \le l \le m.$$

This can be done by selecting the open sets  $U_l \subset \Sigma$  in such a way that they are embedded in  $\mathbb{R}^3$  instead of only immersed, and then taking a > 0 sufficiently small so that each of the  $U_l$  has a tubular neighborhood of radius a. It follows that  $\mathcal{R} := \bigcup \mathcal{R}_l$  consists of those points in  $\mathbb{R}^3$  with distance less than a to  $\Sigma$ . Let  $\beta \in (0, 1)$  be fixed. Then we choose numbers  $\alpha$ ,  $\beta_1 \in (0, 1)$  with  $\alpha < \beta_1 < \beta$ . Let

$$W := \{ \rho \in h^{2+\beta_1}(\Sigma) \; ; \; \|\rho\|_{\infty} < a \} \; . \tag{2.1}$$

Given any  $\rho \in W$  we obtain a compact oriented immersed manifold  $\Gamma_{\rho}$  of class  $h^{2+\beta_1}$  by means of the following construction:

$$\Gamma_{\rho} := \bigcup_{l=1}^{m} \operatorname{Im} \left( X_{l} : U_{l} \to \mathbb{R}^{3}, \ [s \mapsto X_{l}(s, \rho(s))] \right).$$

$$(2.2)$$

Thus  $\Gamma_{\rho}$  is a graph in normal direction over  $\Sigma$  and  $\rho$  is the signed distance between  $\Sigma$  and  $\Gamma_{\rho}$ . On the other hand, every compact immersed oriented manifold  $\Gamma$  that is a smooth graph over  $\Sigma$  and that is contained in  $\mathcal{R}$  can be obtained in this way. For convenience we introduce the mapping

$$\theta_{\rho} : \Sigma \to \Gamma_{\rho}, \qquad \theta_{\rho}(s) := X_l(s, \rho(s)) \text{ for } s \in U_l, \quad \rho \in W.$$

It follows that  $\theta_{\rho}$  is a well-defined global  $(2 + \beta_1)$ -diffeomorphism from  $\Sigma$  onto  $\Gamma_{\rho}$ . The Willmore flow (1.1) can now be expressed as an evolution equation for the distance function  $\rho$  over the fixed reference manifold  $\Sigma$ ,

$$\partial_t \rho = G(\rho), \qquad \rho(0) = \rho_0.$$
 (2.3)

Here  $G(\rho) := L_{\rho} \theta_{\rho}^* (\Delta_{\Gamma_{\rho}} H_{\Gamma_{\rho}} + 2H_{\Gamma_{\rho}} (H_{\Gamma_{\rho}}^2 - K_{\Gamma_{\rho}}))$  for  $\rho \in h^{4+\alpha}(\Sigma) \cap W$ , while  $\Delta_{\Gamma_{\rho}}$ ,  $H_{\Gamma_{\rho}}$ , and  $K_{\Gamma_{\rho}}$  are the Laplace-Beltrami operator, the mean curvature, and

the Gauss curvature of  $\Gamma_{\rho}$ , respectively, and  $L(\rho)$  is a factor that comes in by calculating the normal velocity in terms of  $\rho$ , see [6] for more details. We are now ready to state the following existence result for solutions of (2.3).

**Proposition 2.1.** Let  $\sigma \in W$  be given.

(a) There exist a positive constant  $T_0 > 0$  and a neighborhood  $W_0 \subset W$  of  $\sigma$  in  $h^{2+\beta_1}(\Sigma)$  such that (2.3) has a unique solution

$$\rho(\cdot,\rho_0) \in C([0,T_0],W) \cap C^{\infty}((0,T_0) \times \Sigma)$$
 for every  $\rho_0 \in W_0$ 

- (b) The map  $[(t, \rho_0) \mapsto \rho(t, \rho_0)]$  defines a smooth local semiflow on  $W_0$ .
- (c)  $\rho(\cdot, \rho_0) \in C([0, T_0], h^{4+\alpha}(\Sigma)) \cap C^1([0, T_0], h^{\alpha}(\Sigma))$  for all  $\rho_0 \in h^{4+\alpha}(\Sigma) \cap W_0$ .

**Proof.** (a) and (b) follow from [16, Proposition 2.2]. Moreover, [16, Lemma 2.1] shows that the mapping  $[\rho \mapsto G(\rho)] : h^{4+\alpha}(\Sigma) \cap W \to h^{\alpha}(\Sigma)$  is smooth and that the derivative is given by  $G'(\rho) = P(\rho) + B(\rho)$ , where

$$P(\rho) \in L(h^{4+\alpha}(\Sigma), h^{\alpha}(\Sigma)), \quad B(\rho) \in L(h^{2+\alpha}(\Sigma), h^{\alpha}(\Sigma)), \quad \rho \in h^{4+\alpha}(\Sigma) \cap W.$$

In the following we fix  $\rho \in h^{4+\alpha}(\Sigma) \cap W$ . [16, Lemma 2.1] also shows that  $P(\rho)$  generates a strongly continuous analytic semigroup on  $h^{\alpha}(\Sigma)$ . A well-known perturbation result, see [1, Theorem I.1.3.1], then implies  $G'(\rho) \in L(h^{4+\alpha}(\Sigma), h^{\alpha}(\Sigma))$ also generates a strongly continuous analytic semigroup on  $h^{\alpha}(\Sigma)$ . It is known that the little Hölder spaces are stable under the continuous interpolation method [1, 2, 5, 9]. Therefore, the spaces  $(h^{4+\alpha}(\Sigma), h^{\alpha}(\Sigma))$  form a pair of maximal regularity for  $G'(\rho)$ , see [1, Theorem III.3.4.1] or [2, 5, 9]. Part (c) follows now from maximal regularity results, for instance [2, Theorem 2.7].  $\Box$ 

# 3 The proof of Proposition 1

We first note that any function in  $C^{2+\beta}$  is also in  $h^{2+\beta_1}$  for  $\beta_1 \in (0,\beta)$ . Let  $\Gamma_0$  be a given surface in  $\mathbb{R}^3$  that satisfies the assumptions of Proposition 1. We can find a smooth surface  $\Sigma$  as in Section 2 and a function  $\rho_0 \in W$  such that  $\Gamma_0 = \Gamma_{\rho_0}$ , where  $\Gamma_{\rho_0}$  is defined in (2.2). According to Proposition 2.1(a) there exists a number  $T = T(\rho_0) > 0$  such that equation (2.3) has a unique solution  $\rho(\cdot, \rho_0)$  with the smoothness properties stated in the proposition. It follows from the construction in Section 2 that the family  $\Gamma := {\Gamma(t) ; 0 \leq t \leq T}$ , where  $\Gamma(t) := \Gamma_{\rho(t)}$  for  $0 \leq t \leq T$ , is the unique classical solution for the Willmore flow (1.1). In particular, we conclude that

$$[t \mapsto \int_{\Gamma(t)} H^2(t) \, d\mu] \in C^{\infty}((0,T), \mathbb{R}).$$

Given  $x \in \Gamma(t)$ , let  $\{z(\tau, x) \in \mathbb{R}^3 ; \tau \in (-\varepsilon, \varepsilon)\}$  be an orthogonal flow line through x, that is,  $z(\cdot, x)$  satisfies

$$z(\tau, x) \in \Gamma(t+\tau) \text{ for } \tau \in (-\varepsilon, \varepsilon),$$
  
$$\dot{z}(\tau) = (VN)(t+\tau, z(\tau)) \text{ for } \tau \in (-\varepsilon, \varepsilon), \ z(0) = x,$$

where  $N(t, \cdot)$  denotes the unit normal field on  $\Gamma(t)$ , and  $V(t, \cdot)$  is the normal velocity of  $\Gamma(t)$ . A proof for the existence of a unique trajectory  $\{z(\tau, x) \in \mathbb{R}^3; \tau \in (-\varepsilon, \varepsilon)\}$  with the above properties can for instance be found in [11, Lemma 2.1]. For further use we introduce the manifold  $\mathcal{M} := \bigcup_{t \in (0,T)} \{t\} \times \Gamma(t)$ . Given any

smooth function u on  $\mathcal{M}$  we define

$$\left. \frac{d}{dt} u(t,x) := \left. \frac{d}{d\tau} u(t+\tau, z(\tau,x)) \right|_{\tau=0}, \quad (t,x) \in \mathcal{M}.$$

The following differentiation rule is well-known in differential geometry,

$$\frac{d}{dt} \int_{\Gamma(t)} u(t,x) \, d\mu(x) = \int_{\Gamma(t)} \frac{d}{dt} u(t,x) \, d\mu(x) + 2 \int_{\Gamma(t)} (uHV)(t,x) \, d\mu(x).$$
(3.1)

Let  $(t, x) \in \mathcal{M}$  be fixed and let  $\{z(\tau, x) ; \tau \in (-\varepsilon, \varepsilon)\}$  be a flow line trough x. Then one can show that

$$\left. \frac{d}{d\tau} H^2(t+\tau, z(\tau, x)) \right|_{\tau=0} = -H[\Delta_{\Gamma(t)}V + (4H^2 - 2K)V](t, x), \qquad (3.2)$$

see for instance [18, Section 7.4]. If follows from (3.1)–(3.2), from the divergence theorem, and from (1.1) that

$$\frac{d}{dt} \int_{\Gamma(t)} H^2(t) \, d\mu = -\int_{\Gamma(t)} [\Delta H + 2H(H^2 - K)] V \, d\mu \le 0.$$
(3.3)

This is true for any  $t \in (0, T)$ . The mean value theorem now implies that

$$\int_{\Gamma(t)} H^2(t) \, d\mu - \int_{\Gamma(\tau)} H^2(\tau) \, d\mu \le 0 \qquad \text{for } 0 < \tau \le t < T.$$

Taking the limit as  $\tau \to 0$  and using that  $[\tau \mapsto \int_{\Gamma(\tau)} H^2(\tau) d\mu] \in C([0,T], \mathbb{R})$ , see Proposition 2.1(b), yields the assertion of Proposition 1.  $\Box$ 

# 4 The proof of Theorem 2

In order to provide a proof of Theorem 2 we now choose  $\Sigma$  to be any smooth compact closed immersed orientable surface in  $\mathbb{R}^3$  such that its image contains the flat 2-dimensional disk  $U := \{(s, 0) \in \mathbb{R}^2 \times \mathbb{R} ; |s| \leq 1\}$  twice, and with opposite

orientations. To be precise, let  $i:\Sigma\to\mathbb{R}^3$  be the immersion under consideration, then we ask that

$$i^{-1}(U) = U^+ \cup U^-$$

with  $U^+ \cap U^- = \emptyset$  and both  $U^+$  and  $U^-$  are flat 2-dimensional disks of radius 1. Additionally we ask that  $\Sigma \setminus (U^+ \cup U^-)$  is embedded in  $\mathbb{R}^3$ . Identifying  $U^+$  for the moment with its image U we ask that the normal on  $U^+$  points upwards, that is,  $\nu(\cdot)|_{U^+} = e_3$ , the 3<sup>rd</sup> basis vector of  $\mathbb{R}^3$ . It follows that  $\nu(\cdot)|_{U^-} = -e_3$ .



Fig. 1 This is a possible choice of  $\Sigma$ , cut in halves.

Let W be as in (2.1) and let  $\sigma \in h^{4+\alpha} \cap W$  locally be radially symmetric with regards to the centers of  $U^{\pm}$ . This implies  $\partial_j \sigma(0) = 0$  for j = 1, 2. Observe that  $\theta_{\sigma}(s) = (s, \pm \sigma(s))$  (these are coordinates in  $\mathbb{R}^3$ ) for  $s \in U^{\pm}$  and that  $\theta_{\sigma} : U^{\pm} \to \theta_{\sigma}(U^{\pm})$  is an  $h^{4+\alpha}$ -diffeomorphism. It is straightforward to compute

$$G(\sigma)|_{U^{\pm}} := L(\sigma)\theta_{\sigma}^* \left( \Delta_{\Gamma_{\sigma}} H_{\Gamma_{\sigma}} + 2H_{\Gamma_{\sigma}} (H_{\Gamma_{\sigma}}^2 - K_{\Gamma_{\sigma}}) \right)|_{U^{\pm}}$$

in local coordinates, yielding

$$2G(\sigma)|_{U^{\pm}}(0) = -\Delta^{2}\sigma(0) + \sum_{j,k=1}^{2} (\partial_{j}\partial_{k}\sigma(0))^{2}\Delta\sigma(0)$$
$$+2\sum_{j,k,l=1}^{2} \partial_{j}\partial_{k}\sigma(0)\partial_{j}\partial_{l}\sigma(0)\partial_{k}\partial_{l}\sigma(0),$$

where  $\Delta$  is the Laplacian in Euclidean coordinates of  $\mathbb{R}^2$  (see [6, Section 2] for more details). Because of the radial symmetry of  $\sigma$  we have  $H_{\Gamma_{\sigma}}^2 = K_{\Gamma_{\sigma}}$  at the center of the disks  $U^{\pm}$ , so that lower order term  $\theta_{\sigma}^*(2H_{\Gamma_{\sigma}}(H_{\Gamma_{\sigma}}^2 - K_{\Gamma_{\sigma}}))$  vanishes at the center of  $U^{\pm}$ . We will now specify one more property of  $\sigma$ . We choose r > 0small and we require that  $\sigma(s) = |s|^4$  for  $s \in U_r^{\pm} = \{s \in U^{\pm} ; |s| < r\}$ . If r is small enough then this is compatible with  $\sigma \in h^{4+\alpha}(\Sigma) \cap W$ . We conclude that

$$G(\sigma)|_{U^{\pm}}(0) = -16 < 0.$$
(4.1)

It follows from Proposition 2.1 that the evolution equation (2.3) with initial value  $\rho(0) = \sigma$  has a unique solution

$$\rho(\cdot, \sigma) \in C([0, T_0], h^{4+\alpha}(\Sigma)) \cap C^1([0, T_0], h^{\alpha}(\Sigma)).$$
(4.2)

Next we consider the restriction  $\rho^{\pm}(t,\sigma)$  on  $U^{\pm}$  of the function  $\rho(t,\sigma)$ , that is,  $\rho^{\pm}(t,\sigma) := \rho(t,\sigma)|_{U^{\pm}}$  for  $0 \le t \le T_0$ , and we set  $d^{\pm}(t) := \rho^{\pm}(t,\sigma)(0)$ , to track the position of the center. It follows from (4.2) that  $d^{\pm} \in C^1([0,T_0])$ . Moreover, using the local character of G, we conclude that  $d^{\pm}$  satisfies the equation

$$(d^{\pm})'(t) = G(\rho(t,\sigma))|_{U^{\pm}}(0) \quad \text{for} \quad 0 \le t \le T_0, \qquad d^{\pm}(0) = 0.$$
 (4.3)

Equations (4.1)-(4.3) and the mean value theorem yield

$$d^{\pm}(t) = -Mt + \left(\int_0^1 \left( (d^{\pm})'(\tau t) - (d^{\pm})'(0) \right) d\tau \right) t, \qquad (4.4)$$

where M := 16. It follows from (4.4) that there exists a positive constant  $\mu > 0$  and an interval  $(t_0, t_1) \subset (0, T_0]$  such that  $\rho^{\pm}(t, \sigma)(0) = d^{\pm}(t) \leq -\mu$  for  $t \in (t_0, t_1)$ . By Proposition 2.1(b) we can find a function  $\sigma_0 \in W_0$  such that  $\Sigma_0 := \Gamma_{\sigma_0}$  is embedded and such that  $\Gamma(t) := \Gamma_{\rho(t,\sigma_0)}$  is immersed for at least  $t \in (t_0, t_1)$ . By employing Proposition 2.1(b) once more we conclude there is a neighborhood  $W(\sigma_0) \subset W_0$ of  $\sigma_0$  in  $h^{2+\beta_1}(\Sigma)$  such that  $\Gamma_{\rho_0}$  is still embedded, whereas  $\Gamma_{\rho(t,\rho_0)}$  is immersed for  $t \in (t_0, t_1)$  and all  $\rho_0 \in W(\sigma_0)$ . We note that  $C^{2+\beta}(\Sigma)$  is contained in  $h^{2+\beta_1}(\Sigma)$ with continuous injection  $j : C^{2+\beta}(\Sigma) \to h^{2+\beta_1}(\Sigma)$ . Hence  $U_0 := j^{-1}(W(\sigma_0))$  is a  $C^{2+\beta}$ -neighborhood of  $\sigma_0$  and Theorem 2 follows by choosing  $\Sigma_0 := \Gamma_{\sigma_0}$  and  $\Gamma_0 := \Gamma_{\rho_0}$  for  $\rho_0 \in U_0$ .  $\Box$ 



Fig. 2 This is half of  $\Gamma_0$ , a surface that loses embeddedness and becomes immersed. The gap might have to be much smaller than depicted.

**Remark 4.2.** The following is the essence of the construction:  $\Gamma_{\sigma}$  is an immersed surface such that its image contains two opposing fourth-order paraboloids touching only at the vertex. The global symmetry of  $\Gamma_{\sigma}$  is irrelevant, we only need the local symmetry at the center. Locally we can compute the initial velocity of  $\Gamma_{\sigma}$ ,

and it is such as to create an overlapping of the fourth-order paraboloids. A continuity argument then guarantees the same behavior for nearby embedded surfaces, which do exist by construction of  $\Gamma_{\sigma}$ . We have chosen a fourth-order paraboloid in order to facilitate the computation of  $G(\sigma)|_{U^{\pm}}$ . Any other configuration that produces the same sign as in (4.1) will work as well.

# References

- H. Amann, Linear and quasilinear parabolic problems. Vol. I, Birkhäuser, Basel, 1995.
- [2] S.B. Angenent, Nonlinear analytic semiflows, Proc. Roy. Soc. Edinburgh Sect. A 115 (1990), 91–107.
- [3] R. Bryant, A duality theorem for Willmore surfaces, J. Diff. Geom. 20 (1984), 23–53.
- [4] B.-Y. Chen, On a variational problem on hypersurfaces, J. London Math. Soc. 2 (1973), 321–325.
- [5] G. DaPrato and P. Grisvard, Equations d'évolution abstraites nonlinéaires de type parabolique, Ann. Mat. Pura Appl. (4) 120 (1979), 329–396.
- [6] J. Escher, U.F. Mayer, and G. Simonett, The surface diffusion flow for immersed hypersurfaces, SIAM J. Math. Anal. 29 (1998), 1419–1433.
- [7] E. Kuwert and R. Schätzle, Gradient flow for the Willmore functional, Comm. Anal. Geom. 10 (2002), 307–339.
- [8] R. Kusner, Estimates for the biharmonic energy on unbounded planar domains, and the existence of surfaces of every genus that minimize the squaredmean-curvature integral in *Elliptic and parabolic methods in geometry* (Minneapolis, MN, 1994), A K Peters, Wellesley, MA, 1996, 67–72.
- [9] A. Lunardi, Analytic semigroups and optimal regularity in parabolic problems, Birkhäuser, Basel, 1995.
- [10] U.F. Mayer, A numerical scheme for free boundary problems that are gradient flows for the area functional, *Europ. J. Appl. Math.* **11** (2000), 61–80.
- [11] U.F. Mayer and G. Simonett, Classical solutions for diffusion-induced grainboundary motion, J.Math. Anal. Appl. 234 (1999), 660–674.
- [12] U.F. Mayer and G. Simonett, Self-intersections for the surface diffusion and the volume preserving mean curvature flow, *Differential Integral Equations* 13 (2000), 1189–1199.

- [13] U.F. Mayer and G. Simonett, A numerical scheme for axisymmetric solutions of curvature driven free boundary problems, with applications to the Willmore flow, *Interfaces and Free Boundaries* 4 (2002), 1–22.
- [14] U. Pinkall, Hopf tori in S<sup>3</sup>, Invent. Math. 81 (1985), 379–386.
- [15] U. Pinkall and I. Sterling, Willmore surfaces, Math. Intelligencer 9 (1987), 38–43.
- [16] G. Simonett, The Willmore flow near spheres, *Differential Integral Equations* 14 (2001), 1005–1014.
- [17] L. Simon, Existence of surfaces minimizing the Willmore functional, Comm. Anal. Geom. 1 (1993), 281–326.
- [18] T.J. Willmore, Riemannian Geometry, Claredon Press, Oxford, 1993.

387 Trailview Road, Encinitas, CA 92024, U.S.A. mayer@math.utah.edu

Department of Mathematics, Vanderbilt University, Nashville, TN 37240, U.S.A. simonett@math.vanderbilt.edu